

Puget Sound Electrical Workers Healthcare Trust

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Administered by
Welfare & Pension Administration Service, Inc.

January 31, 2024

**TO: All Eligible Plan and Medicare Retiree Participants
Puget Sound Electrical Workers Healthcare Trust**

RE: Plan Benefit Changes

This is a Summary of Material Modification describing changes to your health plan adopted by the Board of Trustees. Please be sure that you and your family read it carefully and keep this document with your Summary Plan Description Booklet.

Telemedicine – Temporary Extension of Coverage

Effective **through December 31, 2024**, the Trust will cover medically necessary charges for telephonic, online, or other consultations where the patient is not physically present with the physician or other Covered Provider at the time of the consultation as any other office visit. The temporary waiver will allow coverage for telephonic or other virtual care visits subject to the annual deductible and coinsurance benefits, as follows:

1. For a real-time interactive telephone or audio/video consultation (telehealth/telemedicine) to be covered, the consultation must be diagnosis and treatment focused via a live discussion or video exchange with ongoing participation by the patient and the provider throughout the visit.
2. Reimbursed up to the Allowed Amount as defined in the Summary Plan Description.
3. Reimbursed at 100% of the Allowed Amount for all telephone or audio/video visits related to COVID-19 testing.

As a reminder, active participants and non-Medicare retirees and their eligible dependents have access to 24/7 care via telephone or video chat through Teladoc at no cost to the participant. To schedule a consultation, visit www.Teladoc.com/Premera or call (855) 332-4059.

Employee Assistance Program

Effective March 1, 2024, the Trust provides counseling resources through the Vivacity Employee Assistance Program (EAP). Vivacity EAP provides counseling, coaching and problem-solving services that are free, convenient, and confidential with a licensed behavioral health provider. The Employee Assistance Program includes:

1. 24/7 Service Line by Licensed Counselors and Trained Call Center Staff for immediate assistance.

2. Counseling Services for up to 5 visits covered in full by the program every year. Additional visits may be covered by the Medical Plan, subject to Plan provisions and limitations. Counseling is provided for a variety of family, relationship, emotional, behavioral, mental health, and substance abuse concerns, including:

- Anxiety/Depression/Other Concerns
- Mental Health Issues
- Couples/Relationships/Parenting
- Crisis Support
- Alcohol/Drug/Other Addictions
- Grief and Loss
- Work Conflict
- Domestic Violence

In addition, EAP provides the following work-life resources:

- Legal and Financial
- Childcare and Eldercare
- Identity Theft
- Home Ownership

Additional information can be found in the enclosed flyers or by calling (877) 276-9953

If you have questions regarding the contents in this notice, please contact the administration office at (866) 314-4239. Please also refer to the Trust website for additional information:

www.psewtrusts.com.

Board of Trustees

Puget Sound Electrical Workers Healthcare Trust

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